



PROPOSAL FOR BASEBALL5 INTRODUCTION IN ETHIOPIA (APRIL 2025).

Target Location: Lalibela School, Ethiopia.



Baseball5 (B5), a fast-paced urban version of baseball/softball, offers an excellent opportunity to introduce sports that require minimal equipment, promote inclusivity, and encourage active participation. The plan below outlines a strategic approach to introducing Baseball5 in Lalibela School, Ethiopia, with phased implementation and long-term sustainability.

Objectives

1. Introduce Baseball5 to Lalibela School, focusing on fostering sportsmanship, teamwork, and inclusivity.
2. Train local coaches and teachers to ensure long-term program sustainability.
3. Evaluate progress through follow-up visits and feedback mechanisms.
4. To network and establish a foundation of NADEUM Ethiopia branch.

Implementation Plan

Phase 1: Online Training of Coaches (2 Weeks – April 2025)

Participants: 10–15 teachers/coaches from Lalibela School and neighboring institutions.

Content:

- Overview of Baseball5 (rules, structure, and inclusivity principles).
- Instructional techniques for teaching Baseball5 to students.
- Strategies for organizing and managing games.
- Integration of Baseball5 into school programs and extracurricular activities.

Delivery Method: Online sessions via Zoom/Google Meet with expert facilitators.

Outcome: Equip coaches with foundational knowledge and confidence to implement Baseball5.

Phase 2: On-Site Practical Training (2 Weeks – April 2025)

Participants: Coaches and 30 selected students (10–17 years old).

Activities: Hands-on training for coaches and students.

Mock games to practice skills and understand rules.

Establishment of a Baseball5 club at Lalibela School.

Facilitators: A team of Baseball5 experts, including a certified speed and teamwork skills coach.

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Outcome: Coaches gain practical teaching skills, and students learn and engage with the game.

Phase 3: Follow-Up Visits (August and December 2025)

Purpose: Evaluate progress, address challenges, and refine the program.

Activities:

Monitoring of regular Baseball5 activities at Lalibela School.

Refresher training sessions for coaches.

Organizing inter-school Baseball5 games to foster competition and excitement.

Outcome: Strengthen program implementation, increase participation, and enhance skills among students and coaches.

Sustainability Plan

1. Partnerships - Collaborate with local sports organizations and the Ethiopian Ministry of Education to integrate Baseball5 into the school curriculum.
2. Equipment Management - Provide a starter kit (balls, markers, instructional manuals) and establish a maintenance plan for longevity.
3. Student Ambassadors - Identify and mentor students to act as Baseball5 ambassadors to encourage peer-to-peer learning.
4. Community Engagement - Organize regular community games to promote Baseball5 and foster local support.

Proposed Budget Outline.

1. Online Training:

Platform subscription.

Airtime & Mobile data.

Training materials.

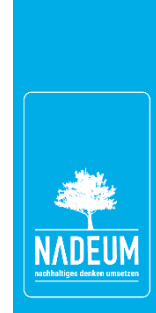
2. On-Site Training:

Travel and accommodation for facilitators.

Equipment (balls, markers, cones).

Venue preparation.

3. Follow-Up Visits:



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- Travel and accommodation for monitoring team.
- Refresher training costs.
- Inter-school games expenses (prizes, refreshments).



4. Miscellaneous:

- Administrative costs.
- Communication and promotion materials.

Proposed Budget Costs in Kenya shillings for April 2025.

Item	Details	Unit price	Cost per unit	total cost
Equipment	markers/ladders/balls	14000	1	14000
Onsite training	AIR Travel	107120	3	321360
Onsite training	Local travel	7000	3	21000.
Food Accommodation	2weeks	80000	3	240000
Miscellaneous				59600
Total				655960

Conclusion

The Baseball5 introduction at Lalibela School is an exciting opportunity to promote a dynamic, inclusive, and sustainable sport in Ethiopia. Through a phased approach, involving training, practical application, and consistent follow-up, the program aims to establish a lasting impact, empowering both coaches and students. The plan ensures that Baseball5 becomes a vital part of Lalibela School's extracurricular activities and a stepping stone for broader sports development in the region.

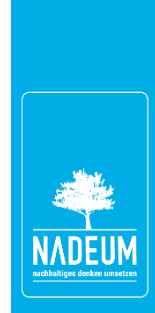
Staff and their roles

1. Denis Mitei- Lead trainer/head coach

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2. Eli Yebei- Assistant coach

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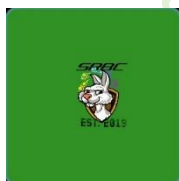
3. Ebeneza Kipngetich- head of operations and logistics

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Proposal prepared by:	Date	Signature
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Ebeneza kipngetich	26/1/2025	

Approved by:	Date	Signature
Eli Yebei	26/1/2025	



BANK DETAILS:

ACCOUNT NAME:

SOUTH ROCKIES BASEBALL5 CLUB

ACCOUNT NUMBER/IBAN: 1326672010

SWIFT CODE: KCBLKENX

